

WHEREAS; the Bone Health and Osteoporosis Foundation estimates an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately half of all women and up to one in four men age 50 and older are affected by the disease; and

WHEREAS; osteoporosis and fractures are not a foregone conclusion of aging, and while it is often referred to as a silent disease, it can be prevented with lifestyle changes like a balanced, vitamin-rich diet and weight-bearing, muscle-strengthening exercise; and

WHEREAS; timely bone health screening, diagnosis, and treatment can also help prevent osteoporotic fractures and subsequent related hospitalizations and nursing home stays, as well as comprehensive, cost-effective post-fracture care, which can reduce repeat fractures in individuals impacted by the disease; and

WHEREAS; this month, the state of Wisconsin joins individuals living with osteoporosis and their loved ones in encouraging all Wisconsinites to learn about osteoporosis risk factors and prevention strategies and to take the appropriate steps to maximize their bone health;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,  
do hereby proclaim May 2025 as

**OSTEOPOROSIS AWARENESS AND  
PREVENTION MONTH**

throughout the State of Wisconsin and I commend this observance  
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 30th day of April 2025.

TONY EVERS, Governor

By the Governor:

SARAH GODLEWSKI, Secretary of State